



MATERNAL HEALTH

WITH DR LESLEY DORNAN AND PEACH

Talking points

KNOWLEDGE & COMPREHENSION

1. How does a traditional birth attendant differ from a midwife?
2. What are the three delays to receiving healthcare faced by pregnant women in remote communities in Myanmar?
3. What is community mapping and why is it useful?

APPLICATION

4. What questions do you think Lesley and Peach ask when they interview fathers?
5. How do you think Lesley and Peach will use the information they gain from their interviews?
6. What questions would you want to ask Lesley and Peach about their research and career journeys?

ANALYSIS

7. Why do you think maternal mortality rates vary so greatly between Myanmar and its neighbour, Thailand?
8. How have Lesley and Peach's personal experiences influenced their involvement in Birth Across The Borders?
9. If a woman in Myanmar dies in childbirth, how will this affect her children? How do you think this will influence their long-term opportunities in life?
10. How do you think these impacts would compare with children whose mother died in childbirth in your own country?
11. Why is education key for improving maternal health?

EVALUATION

12. Why is maternal health an important issue for everyone in society, not just pregnant women?
13. If you were to pursue a career in maternal health, which aspect would most appeal to you, and why?

Activity

Draw an annotated map showing an imaginary village in a remote area of Myanmar and the fictitious journey that a pregnant woman would need to take to access healthcare. Consider the following:

- Who can the woman turn to for help within the village? What skills and resources do these people have?
- What barriers prevent the woman from seeking professional healthcare outside the village?
- What will her journey to a clinic look like? For example, how long will it take, what transport will she use, and what obstacles will she encounter?
- What will happen when she arrives at the clinic? For example, who will treat her and what resources are available?

Once complete, highlight on your map how humanitarian projects, such as Birth Across The Borders, could reduce the challenges facing the woman.

More resources

- The World Health Organization has a factsheet about maternal mortality worldwide:
www.who.int/news-room/fact-sheets/detail/maternal-mortality
- Médecins Sans Frontières has a wealth of information about maternal health, including stories from mothers in war-torn countries:
www.msf.org.uk/issues/maternal-health
- Maternity Worldwide is working to address the three delays in countries around the world:
www.maternityworldwide.org/what-we-do/three-delays-model